



Virginia Home Visiting Consortium

Early Childhood Home Visiting in Virginia

**Laurel Aparicio, Director
Virginia Home Visiting Consortium**

What is Early Childhood Home Visiting?

- * A strategy for:
 - * strengthening family functioning,
 - * improving maternal and child health,
 - * promoting child development and school readiness
- * Voluntary service delivery occurs in the family's home
- * Reach families in a comfortable and predictable environment

Home Visiting Consortium (HVC)

- * A collaboration of statewide early childhood home visiting programs that serve families of children from pregnancy through age 5.
- * Consortium membership includes state coordinators of each home visiting model and other state level early childhood leaders.



Home Visiting in Virginia

- CHIP of Virginia
- Early Head Start
- Healthy Families VA
- Healthy Start/Loving Steps
- Nurse Family Partnership
- Parents as Teachers (PAT)
- Project Link
- Resource Mothers

Families Served

- * Young
- * Single
- * Poor
- * “At-risk”
- * History of trauma
- * Limited education
- * Multi-cultural



Program characteristics

- * Voluntary
- * Free
- * Long term and intensive service delivery
- * Based on Best practice
- * Evidence Based Curriculum
- * Extensive Professional Development/Training
- * Community based
- * Data driven

Types of Services

- ❖ Screening, Assessment and Planning
 - child development
 - maternal and child health
 - perinatal depression
 - intimate partner violence
- ❖ Referral to community resources
- ❖ Parent Education and Support
 - teach
 - mentor
 - coach

Common Goals

- * Family Functioning
- * Maternal and Child Health
- * Child Development and School Readiness
- * Parent-Child Relationships

Home Visiting Works to...

Improve Pregnancy and Birth Outcomes

Prenatal care

- * Participating Moms are more likely to receive recommended prenatal care

Healthy birth weight

- * 75% more likely to give birth to infants weighing over 5.5 lbs

Gestational Age

- * 50% fewer NICU days
- * 44% fewer in-patient days

Birth spacing

- * More likely to delay subsequent births

Risky Behaviors

- * Reduce drinking and smoking during pregnancy



Home Visiting Works to...

Improve Family Health and Well-being

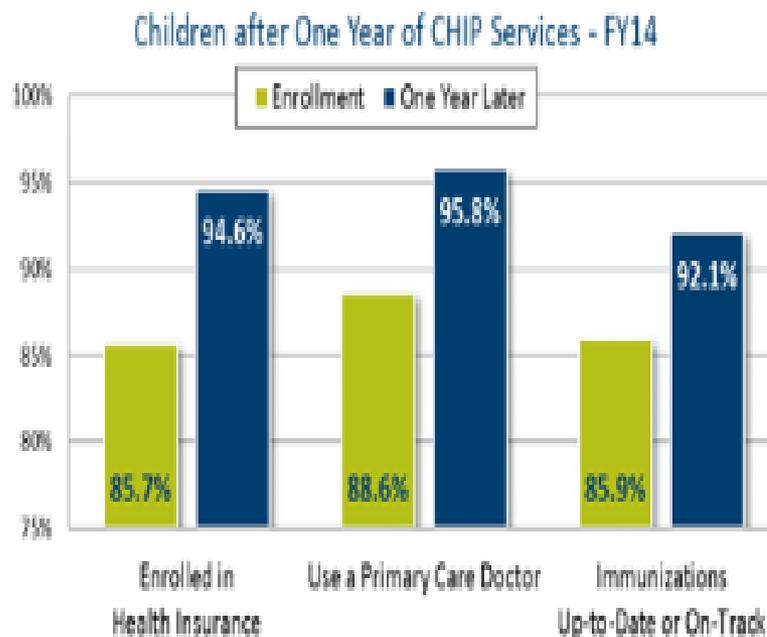
Medical Home

Appropriate use of Medical Home and
Emergency Care

Preventive Health Care

Increased use of preventive health
care including:

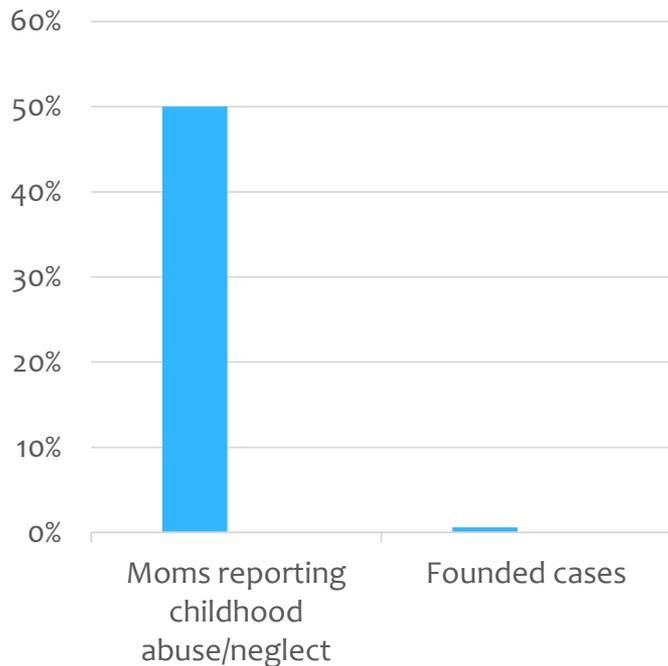
- * well-child care
- * immunizations
- * interconception care



Home Visiting Works to...

Improve Family Health and Well-being

Breaking the Cycle of Child Abuse & Neglect



Healthy Families Virginia Data

Child Abuse and Neglect

50% reduction in child abuse and neglect and involvement with Child Protective Services

Teen Pregnancy

More likely to delay subsequent birth for 24 months or longer

Maternal and Child Mortality

Reduced rates of unintentional injuries, maternal mortality from all causes and preventable child mortality from birth to age 20

Home Visiting Works to...

Child Development and School Readiness

Support healthy growth and development

- * Child development screening, referral and parent education for early intervention



School readiness

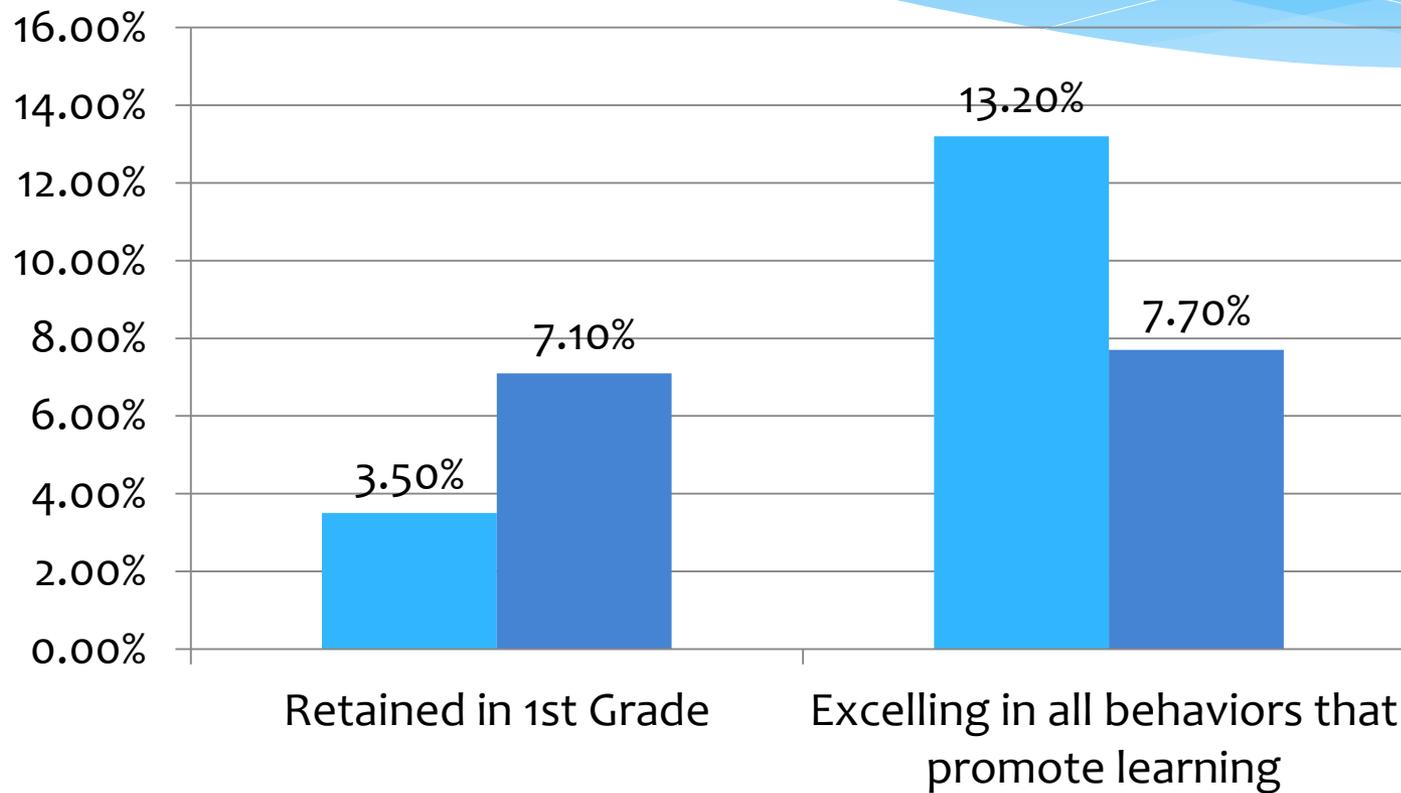
- * Significantly more likely to enter school ready to learn and with fewer behavioral problems



School success

- * 50% less likely to be retained in 1st grade
- * 56% more likely to graduate from high school

Effect of Home Visiting on Children's Adjustment to School



Children receiving Healthy Families New York home visits

Control Group

Home Visiting Works to...

Improve Family Functioning

Stable living situation

- * 50% reduction in families moving 2+ times in a year



Employment

- * Increased rate of employment of one or both parents



94% of participants
demonstrate
**positive parent-child
interaction**
or show improvement

Healthy Families Virginia 2013

Return on Investment

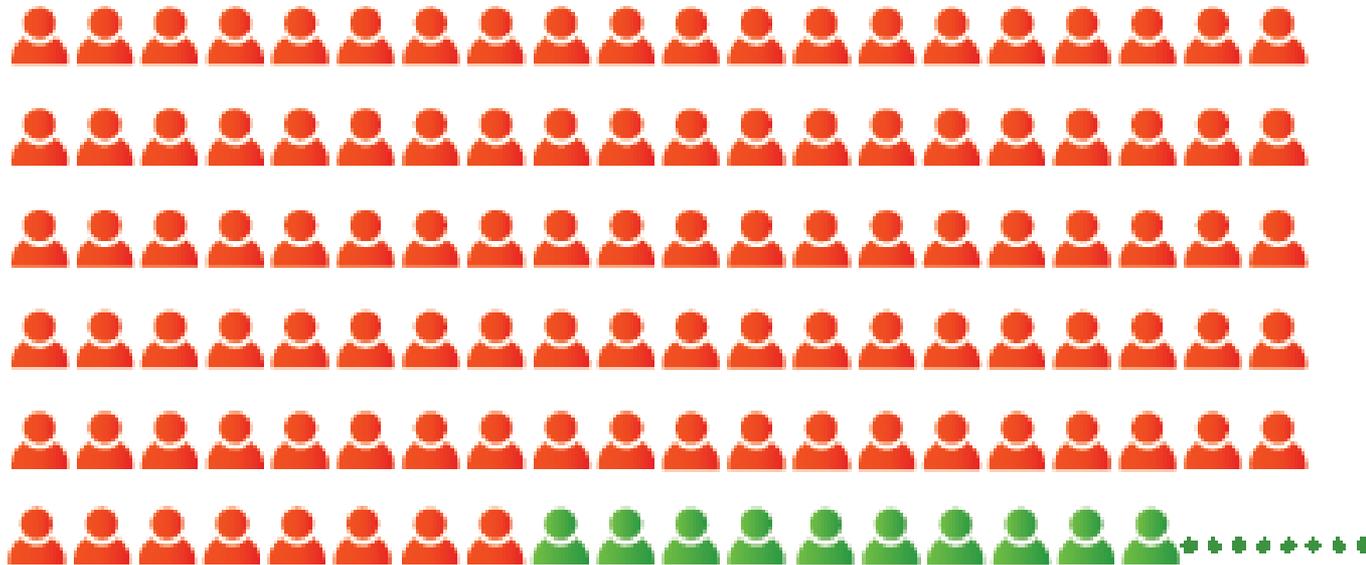
- * **Short and long term savings**

- * Health care costs
- * Education costs
- * Child welfare costs



- * Return of up to **\$5.70** for every dollar invested

88% Unmet Need



Unmet Need

- * **88%** (~106,000) of low income families cannot access home visiting services in Virginia
- * 17 localities have NO home visiting services
- * In 71 communities, less than 10% of families in need receive home visiting

www.homevisitingva.com



Virginia Home Visiting Consortium

Our Vision:

Children grow up healthy and ready to learn with parents providing a safe and supportive home.



[HOME](#) [PROGRAMS & CONSORTIUM MEMBERS](#) [TRAINING](#) [RESOURCES](#) [WHAT'S NEW?](#) [CONTACT](#)

2014 Home Visiting Conference

Thank you for attending!

2014 Home Visiting Conference

Home Visiting: Investing from the Start,
Building for the Future

[Handouts, Videos, and Photos Available Here](#)



HOME VISITOR
TRAINING

CHECK YOUR
TRANSCRIPT

DIRECTORY OF
VIRGINIA
PROGRAMS

Virginia's Home Visiting Consortium (HVC)

is a collaboration of statewide early childhood home visiting programs that serve families of children from pregnancy through age 5.

HVC Mission:

Since 2006, the Virginia Home Visiting Consortium has been advancing the delivery of high quality, efficient services that improve the health, social, and educational outcomes for new and expecting parents, young children, and their families within safe homes and connected communities.

Core strategies: [Guide](#), [Lead](#), [Collaborate](#), and [Research](#)

The HVC [guides](#) through The HVC [leads](#) in resource The HVC [collaborates](#) and The HVC [facilitates](#)

- * Directory of Programs
- * Training
- * Information
- * Resources
- * And, more....

For more information:

laurel.aparicio@homevisitingva.com